

ADVOCATE ILLINOIS MASONIC MEDICAL CENTER JOHN H. STROGER JR. HOSPITAL OF COOK COUNTY NORTHWESTERN MEMORIAL HOSPITAL UNIVERSITY OF CHICAGO MEDICAL CENTER

DATE: June 29, 2023

TO: Region 11 EMS Providers Region 11 EMS Participating Hospitals

FROM: REGION 11 EMS MEDICAL DIRECTORS CONSORTIUM

SUBJECT: ASCENSION RESURRECTION MEDICAL CENTER DOWNGRADING TO PRIMARY STROKE CENTER

Effective Saturday, July 1, 2023 at 0700, Ascension Resurrection Medical Center will no longer be recognized as a certified Comprehensive Stoke Center. However, they will continue to participate in the Region 11 stroke system of care as a certified Primary Stroke Center.

As such, this hospital has been removed from the Region 11 list of designated Comprehensive Stroke Centers and added to the Region 11 list of designated Primary Stroke Centers. Please make sure that all Region 11 Base Station staff and EMS providers are aware of this system change and appropriately divert patients experiencing signs and symptoms of severe stroke to the closest most appropriate facility in accordance with regional policy.

Attached you will find the revised Region 11 Transport of Patients with Suspected Acute Stroke Policy.

Please contact your Resource Hospital with any questions

Kenneth Pearlman, MD Chair, Region 11 EMS Medical Directors Consortium EMS Medical Director Northwestern Memorial Hospital

MARKUC

Eddie Markul, MD EMS Medical Director Advocate Illinois Masonic Medical Center

Katie Tataris, MD, MPH EMS Medical Director University of Chicago Medical Center

Joseph M. Weber MD

Joseph Weber, MD EMS Medical Director John H. Stroger Jr., Hospital of Cook County

- Enclosed: Updated Region 11 Transport of Patients with Suspected Acute Stroke Policy Effective July 1, 2023
- Copy to: KC Booth, RN, EMS System Coordinator, Advocate Illinois Masonic Medical Center Cyd Gajewski, RN, EMS System Coordinator, University of Chicago Medical Center Patricia Lindeman, RN, EMS System Coordinator, Northwestern Memorial Hospital Shannon Ziolkowski, RN, EMT-P, EMS System Coordinator, John H. Stroger, Jr. Hospital of Cook County



| REGION 11 CHICAGO EMS SYSTEM | Title: Transport of Patients with Suspected Acute Stroke |
|---------------------------------|--|
| | Section: Transportation |
| POLICY | Approved: EMS Medical Directors Consortium |
| | Effective: November 28, 2018 |

TRANSPORT OF PATIENTS WITH SUSPECTED ACUTE STROKE

- I. Patients with stroke symptoms ≤24 hours in duration or of unknown time of last known normal shall be assessed using the Cincinnati Stroke Scale (CSS – Facial Droop, Arm Drift, Abnormal Speech). Screening for additional stroke syndromes shall be performed using the Finger-to-Nose (FTN) test. A severe stroke screen using the 3 Item Stroke Scale (3I-SS) shall subsequently be performed on all patients with an abnormal CSS (one or more abnormal CSS elements) or abnormal FTN test.
- II. Patients with a negative or unobtainable CSS, FTN or 3I-SS may be transported to a Primary Stroke Center (PSC) or Comprehensive Stroke Center (CSC) if acute stroke is suspected by the Base Station or Paramedics.

ECRNs should seek consultation with an ECP for any situation in which there is a question as to the best receiving hospital for a patient with possible stroke symptoms.

III. Patients who have a 3I-SS score of ≥4 and have a known last normal time of ≤6 hours should be transported to the closest CSC. Only if the closest CSC is >15 minutes travel time beyond the closest PSC, the patient should be transported to the closest PSC.

Patients who have a 3I-SS score of \geq 4 and have a known last normal time of 6-24 hours or have an unknown last known normal time should be transported to the closest stroke center (PSC or CSC).

Patients who have a 3I-SS score of <4 and have a known last normal time of <24 hours or have an unknown last known normal time should be transported to the closest stroke center (PSC or CSC).

IV. In the event the closest appropriate stroke center is on ALS bypass, the "T + 5 minute" rule should be followed, i.e. if the transport time to the next closest stroke center is greater than an additional 5 minutes, the patient should be transported to the closest appropriate stroke center (PSC or CSC) on ALS bypass (see <u>Notification and Monitoring of Hospital Resource Limitation(s)/Ambulance Bypass</u> policy, Section VI.)

Patients with suspected acute stroke should not be transported to a stroke center which has notified Region 11 Base Stations regarding a temporary lack of CT scanners; they should instead be transported to the next closest appropriate stroke center.

Patients with suspected acute stroke can be diverted to the closest comprehensive emergency department if the patient is deemed too unstable for the longer transport to a stroke center (e.g. inability to oxygenate or ventilate the patient).



REGION 11 CHICAGO EMS SYSTE POLICY

| | Title: Transport of Patients with Suspected | |
|----|---|--|
| | Acute Stroke | |
| EM | Section: Transportation | |
| | Approved: EMS Medical Directors Consortium | |
| | Effective: November 28, 2018 | |

Attachments:

Summary of Acute Stroke Field Triage Criteria
List of Primary & Comprehensive Stroke Centers



Attachment 1

ACUTE STROKE FIELD TRIAGE CRITERIA

- I. Patients with stroke symptoms ≤24 hours in duration or an unknown last known normal time shall be assessed with the Cincinnati Stroke Scale (CSS) and the Finger-to-Nose (FTN) test.
- II. Patients with an abnormality in one or more items of the CSS or FTN shall be subsequently assessed with the 3 Item Stroke Scale (3I-SS).
- III. Patients who have a 3I-SS score of ≥4 and have a known last normal time of ≤ 6 hours shall be transported to the closest Comprehensive Stroke Center (CSC). Only if the closest CSC is >15 minutes travel time beyond the closest Primary Stroke Center (PSC), should the patient be transported to the closet PSC.
- IV. Patients who have a 3I-SS score of ≥4 and have a known last normal time 6-24 hours or have an unknown last known normal time should be transported to the closest stroke center (PSC or CSC).
- V. Patients who have a score of <4 on the 3I-SS and have a known last known normal time of < 24 hours or have an unknown last known normal time should be transported to the closest stroke center (PSC or CSC).
- VI. Patients with a negative or unobtainable CSS, FTN, or 3I-SS may be transported to a PSC or CSC if acute stroke or acute severe stroke is suspected by the Base Station or Paramedics.

VII. Cincinnati Stroke Scale (CSS):

- A. Positive CSS = One or more of the items are abnormal:
 - 1. Facial Droop Have patient show teeth or smile Abnormal = one side does not move as the other
 - 2. Arm Drift Have patient close eyes and hold arms out for 10 seconds with palms up Abnormal = one arm does not move or drifts down
 - 3. Abnormal Speech Have patient say, "You can't teach an old dog new tricks" Abnormal = patient slurs words, uses wrong words or is unable to speak

V. Finger-to-Nose (FTN):

A. The (FTN) assessment is a screen for posterior circulation strokes that affect the balance center in the brain.



- B. Have the patient touch their nose and then the provider's finger repeatedly, with each hand. A normal exam is one where the patient can smoothly touch their nose and the provider's finger.
- C. An abnormal exam is one where the patient demonstrates dysmetria (unable to touch finger following a straight path) on either side or both.

VI. 3-Item Stroke Scale (3I-SS):

- A.The 3I-SS is scored 0-6. Assign a score from 0 to 2 for each of the three parts of the assessment. Add each section for the total score:
 - 1. Level of Consciousness (AVPU)
 - 0 = Alert
 - 1 = Arousable to voice only
 - 2 = Arousable to noxious stimuli only, or unresponsive
 - 2. Gaze Preference
 - 0 = Normal eye movements
 - 1 = Prefers to look to one side, but can move eyes to both sides
 - 2 = Eyes are fixed in one direction
 - 3. Motor Function
 - 0 = Normal strength in arms and legs
 - 1= Can lift arm or leg, but cannot hold arm/leg up for 10 seconds
 - 2 = None or minimal movement of arm or leg



Attachment 2

PRIMARY & COMPREHENSIVE STROKE CENTERS

PRIMARY STROKE CENTERS (PSC)

Advocate Illinois Masonic Medical Center Advocate Trinity Hospital Ascension Resurrection Medical Center **Ascension Saint Francis Hospital** Ascension Saint Joseph Hospital, Chicago Ascension Saints Mary & Elizabeth Medical Center - St. Mary Campus **Community First Medical Center** Holy Cross Hospital Humboldt Park Health **Insight Hospital & Medical Center** John H. Stroger, Jr. Hospital of Cook County Loyola MacNeal Hospital Mount Sinai Hospital **OSF Little Company of Mary Medical Center** Saint Anthony Hospital Swedish Hospital part of NorthShore Weiss Memorial Hospital West Suburban Medical Center

COMPREHENSIVE STROKE CENTERS (CSC)

Advocate Christ Medical Center Advocate Lutheran General Hospital Loyola University Medical Center Northwestern Memorial Hospital Rush University Medical Center UChicago Medicine UI Health