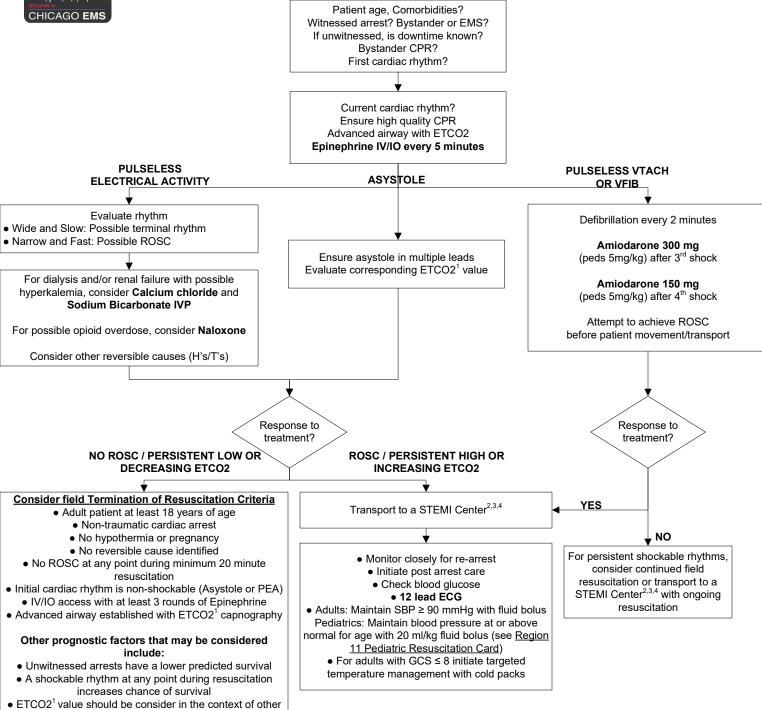


BASE STATION CARDIAC ARREST GUIDELINES



1 - Interpretation of ETCO2 Values in Cardiac Arrest

ETCO2 measures ventilation and is a surrogate marker of cardiac output:

< 10 mmHg may indicate low quality CPR or provider fatigue

arrest criteria and should not be used as the sole determining factor in termination vs. transport

- 10-30 mmHg indicates high quality CPR
- Evaluate ETCO2 values and trends such as:
 - Sudden rise in ETCO2 or persistent reading > 30 mmHg may indicate ROSC
 - Values decreasing more than 25% during resuscitation indicate poor prognosis
 - Values persistently < 10 mmHg, despite high quality CPR indicate poor prognosis

3 - Pediatric Considerations

- On scene resuscitation where the patient is encountered should take precedence with the goal of obtaining ROSC before patient movement/transport.
- Field termination of resuscitation is not considered for patients under the age of 18.
- Pediatric patients should be transported to an Emergency Department Approved for Pediatrics (EDAP) (see <u>Pediatric Patient Transport Policy</u>).

2- Obstetric Considerations

For pregnant patients > 20 weeks gestation or with a visibly gravid abdomen:

- Complete the following code tasks on scene: High quality CPR, defibrillation when indicated, IV/IO access with ACLS drug administration and advanced airway placement with ETCO2 monitoring.
- Plan for expedited hospital transport with ongoing resuscitation to the closest STEMI Center that is also a Level III Perinatal Center.
- Contact receiving Level III Perinatal Center and inform them of arrival of pregnant cardiac arrest patient.

4 - Ventricular Assist Device (VAD) Patients

• Should be transported to a VAD Center per <u>Transport of Patients With a Ventricular Assist Device (VAD) Policy.</u>

Effective: December 1, 2022 Chicago Region 11 EMS Medical Directors Consortium