



**REGION 11 CHICAGO EMS SYSTEM
DRUG TABLE**

Drug Name: Diphenhydramine

Approved: EMS Medical Directors Consortium

DRUG NAME - GENERIC	Diphenhydramine
DRUG NAME - TRADE	Benadryl
DRUG CLASSIFICATION	Antihistamine
DOSAGE FORMS	50 mg/1 mL
ACTION(S)	- Binds and blocks histamine-1 receptors on skin, lungs, blood vessels, and GI smooth muscle
INDICATIONS	- Allergic reactions and anaphylaxis - Urticaria and itching related to allergic reactions
CONTRAINDICATIONS	- Known or documented hypersensitivity - Caution in presence of CNS depressants like alcohol and drugs
ADULT DOSE / ROUTE	- 50 mg IM or slow IV
PEDIATRIC DOSE / ROUTE	- 1 mg/kg IM or slow IV/IO - Max dose 50 mg
SIDE EFFECTS	- Drowsiness/sedation, dizziness, excitable state (paradoxical reaction in some children), wheezing/thickening of bronchial secretions, dry mouth