ACUTE NAUSEA & VOMITING - ALS

Place in upright or lateral recumbent position as tolerated

Assess for signs of hypoperfusion
If found, establish access and administer
Normal Saline fluid bolus
300 mL to maintain BP ≥ 100 systolic
Check blood glucose

If suspected ACS, perform 12-lead ECG and cardiac monitor

Consider
Ondansetron 4 mg IV/PO\(^{1,2,3}\)
(maximum dose of 4 mg)

Transport and contact Medical Control as appropriate

1 – Avoid in patients with known or suspected prolonged QT, congenital heart disease or surgery, or severe hepatic impairment as these patients are at risk for Torsades de Pointes.

2 – Studies have shown safety in appropriate doses for Ondansetron in pregnancy.

3 – Nausea and vomiting are symptoms of illness. Investigate for underlying causes which are not limited to: gastrointestinal, cardiovascular, gynecologic, hypoglycemia, and hyperglycemia.