Region 11
CHICAGO EMS SYSTEM
PROTOCOL

Title: Pediatric Nausea & Vomiting - ALS
Section: Pediatrics
Approved: EMS Medical Directors Consortium
Effective: November 1, 2019

PEDIATRIC NAUSEA & VOMITING - ALS

Place in upright or lateral recumbent position as tolerated

Assess for signs of hypoperfusion\(^1\)
If found, establish access and administer
Normal Saline fluid bolus 20 mL/kg
Check blood glucose

For age > 1 year old AND > 10 kg, consider
Ondansetron 0.15 mg/kg slow IV\(^2,3\)
OR
For age > 1 year old AND > 25 kg, consider
Ondansetron 4 mg oral disintegrating tab (ODT)\(^2,3\)

Transport and contact Medical Control as appropriate

---

1. See indicators of hypoperfusion in Pediatric Initial Assessment protocol.
2. Avoid in patients with known or suspected prolonged QT, congenital heart disease or surgery, or severe hepatic impairment as these patients are at risk for Torsades de Pointes.
3. Nausea and vomiting are symptoms of illness. Investigate for underlying causes which are not limited to gastrointestinal, cardiovascular, gynecologic, hypoglycemia, and hyperglycemia.