PAIN MANAGEMENT - ALS

Determine cause of patient’s pain and refer to appropriate protocol

Determine Patient’s Pain Score using either the Verbal Descriptor Scale or Wong-Baker FACES® Scale

Consider use of non-pharmacologic pain management techniques
   Attempt to place patient in a position of comfort
   Consider application of ice packs or splints as appropriate

If non-pharmacologic pain management techniques fail and the patient is in severe pain, consider a single dose of analgesia:

1. Fentanyl 1 mcg/kg IV/IO/IM/IN
   - ≤ 65 years of age – max dose 100 mcg
   - > 65 years of age – max dose 50 mcg

2. Morphine Sulfate 0.1 mg/kg IV/IO/IM
   - ≤ 65 years of age – max dose 10 mg
   - > 65 years of age – max dose 5 mg

Complete vital signs and pain scale should be assessed and documented before and after every intervention

Transport and contact Medical Control as appropriate

1 – Contraindications include known or documented allergy to fentanyl, morphine or other opioid analgesic, pregnancy with active labor, dental pain, chronic pain patients who are not part of hospice or palliative care, hypoventilation or respiratory depression.
2 – Use with caution in patients with GCS < 15, hypotension, or hypoxia

Universal Pain Assessment Tool

<table>
<thead>
<tr>
<th>Verbal Descriptor Scale</th>
<th>No Pain</th>
<th>Mild Pain</th>
<th>Moderate Pain</th>
<th>Severe Pain</th>
<th>Very Severe Pain</th>
<th>Excruciating Pain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wong-Baker FACES®</td>
<td><img src="image1" alt="No Pain" /></td>
<td><img src="image2" alt="Mild Pain" /></td>
<td><img src="image3" alt="Moderate Pain" /></td>
<td><img src="image4" alt="Severe Pain" /></td>
<td><img src="image5" alt="Very Severe Pain" /></td>
<td><img src="image6" alt="Excruciating Pain" /></td>
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