NAUSEA & VOMITING - ALS

RMC

Place in upright or lateral recumbent position as tolerated

Assess for signs of hypoperfusion
If found, establish access and administer
Normal Saline fluid bolus
300 mL to maintain BP ≥ 100 systolic
Check blood glucose

If suspected ACS, perform 12-lead ECG and cardiac monitor

Consider
Ondansetron 4 mg IV/PO\(^1,2,3\)
(maximum dose of 4 mg)

Transport and contact Medical Control as appropriate

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1 – Avoid in patients with known or suspected prolonged QT, congenital heart disease or surgery, or severe hepatic impairment as these patients are at risk for Torsades de Pointes.

2 – Studies have shown safety in appropriate doses for Ondansetron in pregnancy.

3 – Nausea and vomiting are symptoms of illness. Investigate for underlying causes which are not limited to: gastrointestinal, cardiovascular, gynecologic, hypoglycemia, and hyperglycemia.