FROSTBITE - ALS

RMC

Prevent further injury/handle gently
Move patient to warm environment
Remove wet clothing

Protect injured part (blisters) with light sterile dressing
Avoid pressure to area
Handle as you would a bum

Prevent re-exposure to cold or refreezing of part

Do not rub part
Do not use artificial heat
Do not use tight dressing

Assess pain severity and treat
per Pain Management protocol

Transport and contact Medical Control as appropriate