



July 2018

Region XI EMS Monthly Pearls

- **Summer in Chicago** brings extreme temperatures and heat-related illness. **Heat stroke** is a form of hyperthermia where the body is unable to dissipate heat and is characterized by flushed, hot, dry skin and altered mental state or behavior.
- **Firework injuries** are commonly seen on the Fourth of July holiday and **amputated body parts** should be placed in saline moistened gauze in a plastic bag and placed on a cold pack.
- **APGAR scoring** should be assessed at 1 and 5 minutes after birth and consists of **A**ppearance, **P**ulse, **G**rimace, **A**ctivity, **R**espiratory effort.
- For stable **supraventricular tachycardia (SVT)**, attempt valsalva maneuver and if unsuccessful then administer adenosine 6 mg IVP through an antecubital vein.
- Each Resource Hospital will be hosting live Q&A sessions for paramedics to discuss the upcoming **Policy Updates**, registration is through the Target Solutions website.

Questions? Contact your hospital EMS Coordinator or EMS Medical Director