Region XI EMS Monthly Pearls

- **Summer in Chicago** brings extreme temperatures and heat-related illness. **Heat stroke** is a form of hyperthermia where the body is unable to dissipate heat and is characterized by flushed, hot, dry skin and altered mental state or behavior.

- **Firework injuries** are commonly seen on the Fourth of July holiday and **amputated body parts** should be placed in saline moistened gauze in a plastic bag and placed on a cold pack.

- **APGAR scoring** should be assessed at 1 and 5 minutes after birth and consists of Appearance, Pulse, Grimace, Activity, Respiratory effort.

- For stable **supraventricular tachycardia (SVT)**, attempt valsalva maneuver and if unsuccessful then administer adenosine 6 mg IVP through an antecubital vein.

- Each Resource Hospital will be hosting live Q&A sessions for paramedics to discuss the upcoming **Policy Updates**, registration is through the Target Solutions website.

**Questions?** Contact your hospital EMS Coordinator or EMS Medical Director