Region XI EMS Monthly Pearls

➢ March 31st is National Stop the Bleed Day which focuses on public education of bleeding control. For a life threatening extremity bleed that cannot be controlled by direct pressure: place a tourniquet 2-3 inches above the site of bleeding, twist until the bright red bleeding has stopped, and note the time of the application.

➢ As winter turns to spring and people are enjoying the spring weather and spring allergies, for any severe allergic reaction or allergic reaction with >1 mild symptom give Epinephrine 0.3 mg 1:1000 IM as your first line treatment in adults and 0.01 ml/kg (0.01 mg/kg) IM 1:1000 in children.

➢ When treating a patient with suspected ACS, transmit your 12-lead EKG as soon as possible to shorten the time to definitive treatment for these patients.

➢ EMS providers that are dispatched and are unable to find the patient on scene should clearly document all attempts to locate the patient and may use the “No Patient Found” in call disposition.

➢ Opioid drug shortages continue for EMS and hospital providers. Alternate concentrations of morphine have been approved for Region XI exchange and EMS providers should verify proper calculation prior to administration.

Questions? Contact your hospital EMS Coordinator or EMS Medical Director