Region XI EMS Monthly Pearls

- October is **Sudden Cardiac Arrest** awareness month! Our increasing survival outcomes in the Region XI EMS system are due to the important collaboration between bystanders, dispatchers, EMS providers, and hospital personnel.

- All cardiac arrests should be uploaded to **Codestat** for review and feedback regarding the EMS component of the resuscitation. Many are still not uploaded or incorrectly performed in 'Lead 2' instead of the required 'Paddles' mode.

- **Illinois Poison Center** (IPC) is a resource for EMS and hospital providers to consult with a specialist on ingestions and may be reached at 1-800-222-1222.

- The **Chicago Marathon** is Sunday, October 8\(^{th}\), please be aware of road closures and exercise-induced hyponatremia and hyperthermia in race participants.

- Don’t forget to register for a **Target Solutions** account! All EMT-Basic and Paramedics in the Region XI EMS System should create an account by 10/31/17. More information can be found at [https://chicagoems.org/target-solutions/](https://chicagoems.org/target-solutions/)

**Questions?** Contact your hospital EMS Coordinator or EMS Medical Director