ANAPHYLAXIS AND ALLERGIC REACTION - BLS

RMC

Secure and maintain airway

Request ALS assistance

Severity of reaction?

- **SEVERE SYMPTOMS OR > 1 MILD SYMPTOM**
  - Administer Epinephrine 0.3 mg IM
    - OR
    - Assist patient with prescribed EpiPen
  - Contact Medical Control
  - If wheezing, Albuterol 2.5 mg
    - Repeat Albuterol as needed
  - Closely monitor, if no improvement administer a second dose of Epinephrine after consultation with Medical Control

- **SINGLE MILD SYMPTOM**
  - Closely monitor for any worsening of condition
  - Has condition worsened?
    - YES
      - Prepare for transport and contact Medical Control as appropriate
      - BLS Non-Transport
    - NO
      - Transport and contact Medical Control as appropriate
      - BLS Ambulance

  - BLS Non-Transport
  - Discuss disposition with Medical Control
  - BLS Ambulance

**Severe symptoms of an allergic reaction may include any combination of the following:**

- RESPIRATORY – Shortness of breath, wheezing, repetitive coughing
- CARDIOVASCULAR – Pale, cyanotic, low blood pressure, dizzy
- THROAT – Tightness, hoarse, trouble breathing/swallowing
- MOUTH – Swelling of the tongue and/or lips
- SKIN - Diffuse hives or redness
- GI – Repetitive vomiting, severe diarrhea
- NEURO – Anxiety, confusion, sense of doom

**Mild symptoms of an allergic reaction may include any combination of the following:**

- NOSE – Itchy/runny nose, sneezing
- MOUTH – Itching
- SKIN - Few hives, mild itching
- GI – Mild nausea/discomfort