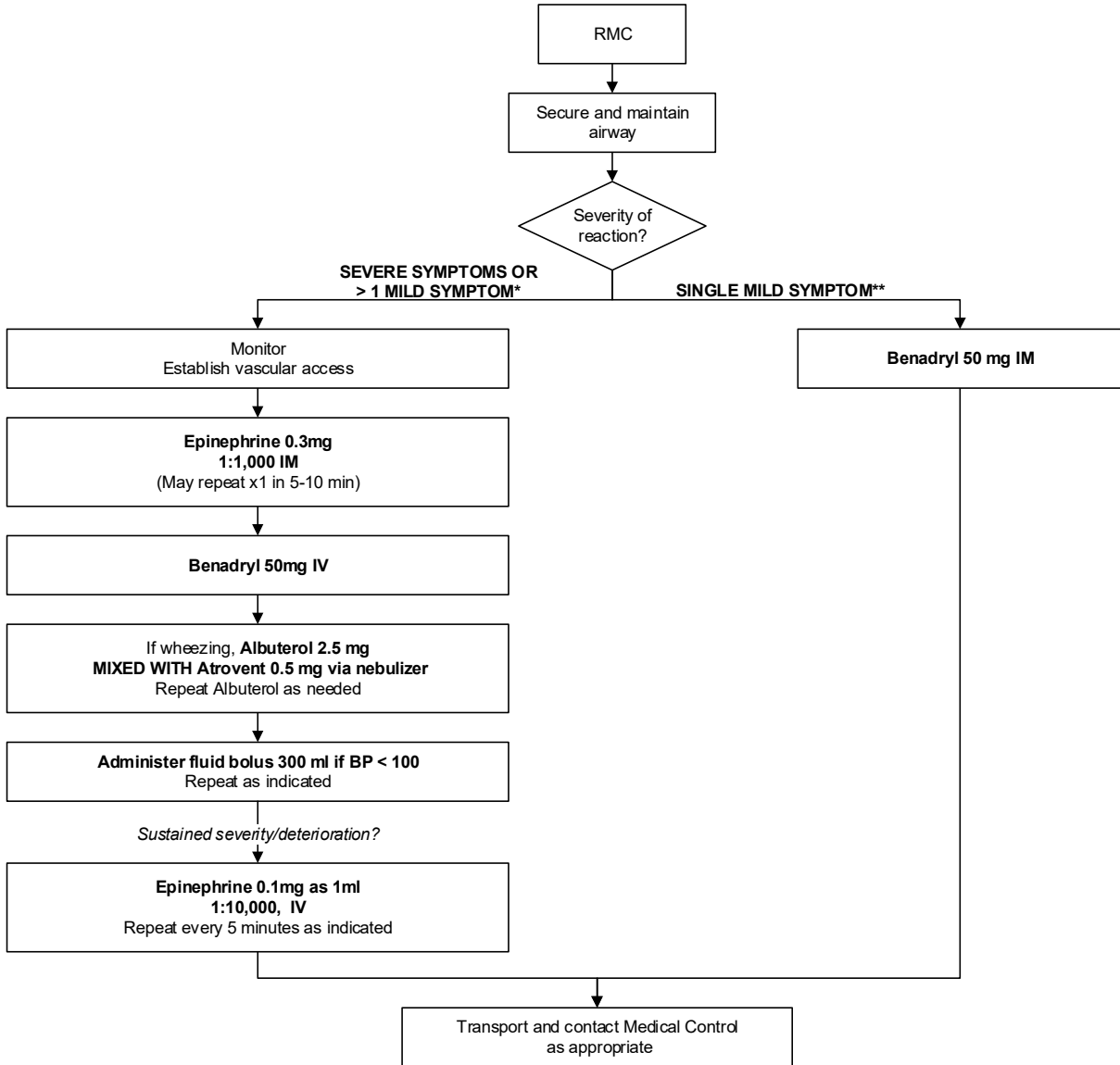




**REGION 11  
CHICAGO EMS SYSTEM  
PROTOCOL**

Title: Allergic Reaction / Anaphylaxis - ALS  
 Section: Respiratory  
 Approved: EMS Medical Directors Consortium  
 Effective: April 1, 2017

**ALLERGIC REACTION and/or ANAPHYLAXIS - ALS**



\*Severe symptoms of an allergic reaction may include any combination of the following:

- RESPIRATORY – Shortness of breath, wheezing, repetitive coughing
- CARDIOVASCULAR – Pale, cyanotic, low blood pressure, dizzy
- THROAT – Tightness, hoarse, trouble breathing/swallowing
- MOUTH – Swelling of the tongue and/or lips
- SKIN- Diffuse hives or redness
- GI – Repetitive vomiting, severe diarrhea
- NEURO – Anxiety, confusion, sense of doom

\*\*Mild symptoms of an allergic reaction may include any combination of the following:

- NOSE – Itchy/runny nose, sneezing
- MOUTH – Itching
- SKIN- Few hives, mild itching
- GI – Mild nausea/discomfort