HYPOTHERMIA - ALS

RMC
- Establish vascular access

- Handle gently
- Move patient to warm environment
- Remove wet clothing

Breathing AND pulse?

Breathing OR Pulse Absent\(^1,2,3\)

Breathing & Palpable femoral/carotid pulse

If Blood Sugar is < 60, administer Dextrose\(^4\)
If altered mental status, see Altered Mental Status SMO (D-1)

CPR
- Attach monitor
- Assess rhythm
- Follow appropriate SMO

Rewarm patient with blanket(s) and warm packs
(no direct skin contact with axilla, trunk, groin)

Transport and contact Medical Control as appropriate

1 - May present with altered sensorium or unconscious. Heart more susceptible to dysrhythmias. May have apnea, dusky or cyanotic appearance, fixed and dilated pupils; may appear without signs of life.

2 – An individual in a frozen state is not considered salvageable.

3 – The suspected hypothermic patient shall never be declared dead in the field.

4 - Dextrose 50% 50ml IV OR
Dextrose 10% as 100ml boluses until mental status improves or BS > 60 to a maximum of 500ml