ALTERED MENTAL STATUS - ALS

RMC

Assess level of consciousness (GCS) and determine time of onset of altered mental status

Spinal immobilization as indicated (See Appendix)

Monitor
Establish vascular access

Check Blood Sugar

BS < 60 mg/dl

Dextrose OR Glucagon 1 mg IM/IN

BS > 60 mg/dl

If stroke suspected, see stroke SMO

If signs of opioid intoxication with respiratory depression administer Naloxone 1 mg – 2 mg IV/IM or 2 mg nebulized/IN

Blood Pressure?

< 100

NS wide open
To max 300 ml then reassess to maintain BP > 100

≥ 100

Continue RMC

Transport and contact Medical Control as appropriate

1 - Dextrose 50% 50ml IV OR
Dextrose 10% as 100ml boluses until mental status improves or BS > 60 to a maximum of 500ml