OBSTETRICAL COMPLICATIONS - ALS

BLEEDING IN PREGNANCY

RMC

Establish vascular access

Place mother on left side if ≥ 20 weeks gestation

Note type and amount of external bleeding and/or discharge

NS wide open 300 ml bolus
Repeat as indicated

Maintain BP ≥ 90

Alert Medical Control of OB complications
Transport to ED with an approved OB facility if ≥ 20 weeks gestation
BREECH BIRTH

Never attempt to pull the baby from the vagina by the legs or trunk.

As soon as legs are delivered, support baby’s body and wrap in towel.

After shoulders are delivered, gently elevate trunk and legs to aid in delivery of head (if face down).

If head has not delivered in 30 seconds with the next contraction, continue supporting the body and reach 2 sterile gloved fingers into vagina to locate infant’s mouth. Press vaginal wall away from baby’s mouth to form an airway. Until head delivers, keep your hand in position.

Alert Medical Control of OB complications
Transport to ED with an approved OB facility.
PROLAPSED CORD

RMC

Elevate mother’s hips, knee-chest position, or left side down, Trendelenberg position.

Protect cord from being compressed by placing a sterile gloved hand in vagina and supporting the presenting part until transfer of patient care

Keep exposed cord moist and warm (may use sterile NS)

Alert Medical Control of OB complications
Transport to ED with an approved OB facility
NUCHAL CORD

RMC

Slip two fingers under the cord and lift over baby’s head

Successful?

NO

Double clamp cord, cut cord between clamps to allow for release of cord from neck

YES

Follow normal delivery procedures

Alert Medical Control of OB complications
Transport to ED with an approved OB facility
OBSTETRICAL COMPLICATIONS - ALS

PRE-ECLAMPSIA OR TOXEMIA (ECLAMPSIA)

RMC

Establish vascular access
Monitor

Place mother on left side

Minimal central nervous system stimulation

Seizure precautions

If patient is actively seizing administer
Versed 2 mg increments IVP (max 10 mg) until seizure stops¹
OR
If no IV, give Versed 10 mg/2 ml IN²

Alert Medical Control of OB complications
Transport to ED with an approved OB facility

¹ – Alternative to Versed: Valium 2 mg increments IV (max 10 mg) until seizure stops
² – Alternative to Versed: Ativan 2 mg IM