HEAT ILLNESS - ALS

RMC

Place in cool environment

Mental status?

ALTERED

Monitor

Establish vascular access
NS 300 ml to maintain BP ≥ 100

If blood sugar < 60,
Dextrose\(^1\)
Or Glucagon 1 mg IM/IN

Remove all clothing and cover with wet sheets
Monitor for seizure activity

Transport and contact Medical Control as appropriate

NORMAL

Blood pressure?

BP < 100

BP ≥ 100

Monitor

Establish vascular access
NS 300 ml to maintain BP ≥ 100

Remove all clothing

Transport and Base Station contact as appropriate

Monitor

Establish vascular access
NS 300 ml to maintain BP ≥ 100

Remove all clothing

Transport and Base Station contact as appropriate

1 - Dextrose 50% 50ml IV OR
Dextrose 10% as 100ml boluses until mental status improves or BS > 60 to a maximum of 500ml