FROSTBITE - BLS

RMC

Prevent further injury/handle gently
Move patient to warm environment
Remove wet clothing

Protect injured part (blisters) with light sterile dressing
Avoid pressure to area
Handle as you would a burn

Prevent re-exposure to cold or refreezing of part

Do not rub part
Do not use artificial heat
Do not use tight dressing

BLS Non-Transport | BLS Ambulance

Prepare for transport and contact Medical Control as appropriate
Transport and contact Medical Control as appropriate